

Week of January 16, 2022



growth
groups

LESSONS LEARNED ON THE RUN – LIFE OF DAVID
“Experiencing God”

“And David remained in the strongholds in the wilderness, in the hill country of the wilderness of Ziph... 1 Samuel 23:14a

Warming Up

1. Describe a stressful or perilous time in your life when God’s presence and love was particularly apparent to you?
2. Can you think of someone you know whose relationship with God is attractive to you? Why is it attractive?

Digging In

1. Read 1 Samuel 23:1-6. What character and leadership qualities do you see in David?
2. Read 1 Samuel 23:7-29. How was Jonathon a friend to David when he was on the run from Saul? Can you relate this to a time when a friend encouraged you in a stressful situation? What did they do and how did it help you?

3. Read Ecclesiastes 3:11. What do you think is the meaning of the phrase: “He (God) has set eternity in the human heart?” How might this phrase relate to God’s purposes for us? What are some ways that people try to make a connection to something greater than themselves?
4. Read Psalm 63. In this Psalm, David talks about his thirst to make a connection to God. What kind of connection does he have in mind? How is this connection different from knowing the Bible or living a Christian lifestyle?
5. What might be some ways that people might attempt to “use” God as a means to an end? Why is it important that “experiencing God” be an end in itself, rather a means to an end?
6. What could be some reasons why Christians might *sense* a “distancing” from God’s presence, power, and love? What might be some things to consider during these times of spiritual dryness?
7. In Psalm 63:6, David writes, “On my bed I remember you; I think of you through the watches of the night.” What could be some things that we could do in order to fill our minds and hearts with a greater awareness of God’s presence, power, and love? What resources and ideas have been helpful to you personally?
8. In Psalm 63:5, David writes, “My soul will be satisfied as with the richest of foods; with singing lips my mouth will praise you.” Can you relate how you have found soul satisfaction in God? How might finding soul satisfaction in God be beneficial to the people around us?